

The Enneagram is an archetypal framework that offers in-depth insight to individuals, groups and collectives. Consisting of three centres of intelligence, nine main Enneagram types, 18 wings, three subtypes and Triadic styles, the Enneagram offers a rich map to personal development from an open systems perspective. It does not box in people, but rather opens a pathway to self-discovery and greater personal awareness.

The Integrative Enneagram creates self-awareness and uncovers the patterns of behaviour that sub-consciously drive and motivate us to act in certain ways. When we make these patterns and motivations conscious, we are able to transcend them and develop richer, more supportive ways of being. Working with the Enneagram empowers individuals to take responsibility for their own behaviours and growth, from a greater understanding of why they act and react the way they do.



The Integrative Enneagram, iEQ9, offers unparalleled depth of insight into enneagram types, personality, motivation and self-limiting beliefs, creating the potential for accelerated, integrative and sustainable development in individuals, teams or organizations.

The iEQ9 Enneagram Test and Professional Reports offer the most accurate and technically robust Enneagram assessment tools to support my clients' developmental journeys. It's an adaptive, intelligent questionnaire, and integrate the art and science of self-discovery and transformation with intelligent cutting-edge technology.

As well as the most comprehensive Enneagram profile (including 27 Subtypes[Naranjo], Wings and Levels of Integration) the iEQ9 comprehensive reports also reflect 6 Dimensions of Stress and Strain, centers of expression (thinking, feeling and action) and the interpersonal or team implications for communication and conflict, leadership and decision-making and team behaviour.

Integrative Enneagram: Empowerment Tool

Coaching with the iEQ9, supports practical and accessible growth, allowing for self-driven learning and intentional, powerful action and development strategies. All reports offer customized advice and development paths for each subtype, which can be applied immediately.

iEQ9 versatile tools are applied to individual coaching and growth, team and leadership development, change management and other organizational transformations.

As a framework, the Enneagram also speaks to the journey of integration and development in a profound way. It is able to uncover the uniqueness of each individual and his/her journey. It does not only reveal what holds an individual back, but also offers insights into the journey towards strength and liberation, connecting us to our strengths and higher selves.

The Enneagram is, therefore, a sense-making tool or a framework that enables the development of self-knowledge and meta-awareness.

The use of the Enneagram not only fast-tracks insight, growth and integration, but also gives durability and magnitude to the development process over time.